



CONJUNCTIVITIS (PINK EYE)

IS AN INFECTION OF THE OUTERMOST PART OF THE COVERING OF THE EYEBALL

THE THREE TYPES OF CONJUNCTIVITIS ARE:

- VIRAL- contagious, often related to a cold, sore throat
- ALLERGIC-non-contagious
- BACTERIAL-contagious

Signs & Symptoms		
Viral	Allergic	Bacterial
Water discharge	Affects both eyes	Awaken with Sticky discharge
Irritation	Itching	Swelling of eyeball
Red eye	Tearing	Redness, tearing
Begins with one eye, spreads to other	Swollen eyelids	Itchy, gritty feeling
		Begins with one eye, spreads to other easily

TREATMENT IS ACCORDING TO DIAGNOSIS AS TO TYPE....

- Cool compresses to eyes
- Eye drop medications as prescribed (topical antibiotics, nonsteroid, steroid, artificial tears)

USUALLY RESOLVES WITHIN 2-3 WEEKS, SOONER WITH PROMPT DIAGNOSIS AND TREATMENT

SHOULD NOT BE EXCLUDED FROM SCHOOL UNLESS THE STUDENT HAS A FEVER OR BEHAVIORAL CHANGES

HOW TO AVOID SPREADING CONJUNCTIVITIS

- It spreads from shopping carts, unsanitized toys, and unwashed hands of children & adults, to name a few
- Consult a health professional for diagnosis and possible treatment
- Practice frequent hand washing!
- Disinfect all contact surfaces with bleach or other disinfectant solution (desk, doorknobs, toys, etc.) This is done consistently in the school setting. ☑ Avoid touching the face with hands