



COMMUNITY RESOURCE DIRECTORY (2013-2014)

MISSION:

To serve the Fountain Valley community through recognition, enhancement and strengthening of community resources by providing collaborative, local, and personalized services.

**For additional information contact
Fountain Community Services at**

(719) 382-1577



Important Numbers

Emergencies: Police, Fire, EMS	911
Mental Health Crisis 24 Hour Hotline	(719) 635-7000
Information about Community Services – (Services 2-1-1 Colorado)	211
Non-Emergency Police	311 (719) 444-7000
Information/Operator Assistance	411
Colorado Springs TDD/Hearing Impaired	711
To Report Child Abuse	(719) 444-5700
To Report Adult Abuse	(719) 444-5755
Poison Control 24 Hour Hotline	(800) 222-1222
Runaway 24 Hour Hotline	(800) 786-2929 (800) RUN-AWAY
Suicide Prevention Hotline	(719) 596-5433 (719) 596-LIFE
TESSA - Domestic Violence/Sexual Assault 24 Hour Hotline	(719) 633-3819
Animal Control/Humane Society	(719) 473-1741

IMPORTANT NUMBERS



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ABUSE AND NEGLECT

EL PASO COUNTY DEPARTMENT OF HUMAN SERVICES 24 HOUR
HOTLINE (CHILD ABUSE AND NEGLECT)719-444-5700
AT RISK ADULTS.....719-444-5755

FOUNTAIN POLICE DEPARTMENT.....719-382-8555
222 North Santa Fe Ave.
Fountain, CO 80817

Website: www.ci.fountain.co.us/departments/fDD=13-0

TESSA-DOMESTIC VIOLENCE/SEXUAL ASSAULT - 24 Hour Hotline719-633-3819

CHILD DEVELOPMENT/CHILD CARE/CHILD CARE ASSISTANCE

BOYS & GIRLS CLUB.....719-570-7077
3595 E. Fountain Blvd. (Mesa Elem. and Eagleside Elem. have before and after
Suite E1 School care at the location; Aragon gets bused to
Colorado Springs, CO 80910 Mesa; Jordahl gets bused to Eagleside)

Website: www.bgcppr.org

Services: Offers before and after school care to children. They provide a safe place for children to learn and grow all while having fun. Summer camp is also available.

COLORADO CHILD CARE ASSISTANCE PROGRAM (CCCAP).....719-444-8178
301 E. Iowa Ave. (only to obtain an application)
Fountain, CO 80817

Hours of Operation: 8:00am-4:30pm M-F (unless posted otherwise)

Website: www.dhs.elpaso.com

Services: Provides financial assistance for low-income families for child care costs. Also assists in locating child care.

COMMUNITY PARTNERSHIP FOR CHILD DEVELOPMENT.....719-635-1536

(CPCD - Head Start)

Lorraine Community Center (classrooms only)
301 E. Iowa Ave.
Fountain, CO 80817

Central Enrollment Office
2330 Robinson Street
Colorado Springs, CO 80904

Website: www.cpcdheadstart.org

Services: Free comprehensive early childhood education programs – including Head Start (3-5 years), Early Head Start (birth-3 years), Colorado Preschool Program (3-5 years), Home Based model (birth – 3 years) as well as a program for expectant parents. Child and family services include health and dental screenings, family support and education programs, parent involvement opportunities and more. Affordable child care partnerships are available. If you are unable to visit our central office to enroll, please call for special arrangements.

FOUNTAIN VALLEY YMCA.....719-382-1561

301 E. Iowa Ave.
Fountain, CO 80817

Hours of Operation: 6:00am-8:00pm M-F 8:00am-1:00pm Saturday

Website: www.ppymca.org

Services: Comprehensive youth, before and after school child care, summer day camp, health, fitness, mentoring, and activities for the entire family. Financial assistance is available so that everyone may participate at the YMCA. YMCA Active Older Adults: Social and recreational activities plus connection to fitness classes. YMCA Holiday Camp: Provides childcare when kids are out of school, such as Winter and Spring Break.

PEAK VISTA FIRST VISITOR PROGRAM.....719-344-6639

340 Printers Parkway
Colorado Springs, CO 80910

Website: www.peakvista.org (programs)

Services: First Visitor Program promotes the healthy growth of all infants/toddlers and their parents through voluntary home visitation, education and support. This primary prevention program offers flexible contact and visitation according to the needs of each family. Our program is designed to celebrate the birth and growth of every infant and toddler under the age of three, and to provide new parents with emotional support, a network of community-based resources and basic information on child health, nutrition, safety and development. Our purpose is to help make Colorado the best place to raise a child by helping families support their children’s physical, emotional, and intellectual development during the critical first 3 years. First Visitor is a free program open to anyone that is currently pregnant and/or has children under the age of three. First Visitor offers parenting information and guidance through an interactive home visit with one of our trained volunteers or with one of our outstanding case managers for our families with higher needs. Home visits include a gift for the baby/toddler, a book of age appropriate games, a handbook loaded with information parents need to know about caring for their baby/toddler, information about early childhood development, and connections to community resources.

SCHOOL DISTRICT 8 PRESCHOOL PROGRAM.....719-382-1300

10665 Jimmy Camp Rd.
Fountain, CO 80817

Website: www.ffc8.org

Services: For parents residing within the Fountain-Fort Carson School District, we have a process that assists parents in the assessment and determination of the special needs of children birth through five years of age. If you have concerns regarding a child's development, and the child is between the ages of three and five, you may contact the Child Find office at (719) 382-1699, extension 7450. If a child is determined to have special needs, connections with community resources will be made available. For children under the age of three, you may also contact the Resource Exchange at (719) 577-9190 for information pertaining to developmental concerns.

CLOTHING

GOD'S PANTRY719-382-0643

HOME719-683-8760

102 N. Main
Fountain, CO 80817

Website: www.godspantryministry.org

Services: Mission is to clothe the needy and feed the hungry.

OPERATION SCHOOL BELL719-475-1029

(With referral from school counselor) September-December

211 E. Costilla St.
Colorado Springs, CO 80903

Website: www.alcs52.org

Services: Provides new clothing for the needy children and children with special needs (with referral from school counselor) in public schools. These services are available September through December. Special assistance for extra needy that is available after December.

COUNSELING/THERAPY

ASPEN POINTE HEALTH SERVICES.....719-382-6100

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.aspenpointe.org

Services: Outpatient mental health therapy for individuals, families, and children offered. Please call for an appointment. Medicaid accepted!



BRIDGE TO AWARENESS COUNSELING CENTER 719-390-4652

5698 S. Hwy. 85/87, Suite 104
Colorado Springs, CO 80911
Fax: 719-390-5728

Hours of Operation: Mon.-Thur. 9 a.m. to 7 p.m., Fri. 9 a.m. to 5 p.m., Sat. (group sessions and breathalyzer monitoring services only) Sun. Closed

Services: Bridge to Awareness is an outpatient treatment center that provides counseling services to adult and youth populations for substance abuse and some mental health needs. We are a licensed Department of Behavioral Health agency and an Aspen Pointe MSO Network provider for El Paso County. Our goal is to educate, encourage, equip and empower our clients to change and heal. Services include: DUI education and treatment, MIP, Outpatient substance abuse group therapy, Individual therapy, Mental Health and Substance Abuse evaluations, urinalysis and breathalyzer monitoring services.

CONNECTIONS 4 LIFE CENTER 719-502-1422

6436 S. Hwy 85-87 Ste. D
Fountain, CO 80817
719-387-9919

Website: www.Connections4LifeCenter.org

Services: Food pantry (Thursdays - 5:30-7:30), commodities (Fridays - 10:00 am -1:00 pm), haircuts, life skill classes, notary public, pregnancy center (Thursdays 11:00 am -4:00 pm), childbirth classes, counsel and prayer.

EDUCATION

ASPENPOINTE EMPLOYMENT 719-572-6100

220 Ruskin Dr.
Colorado Springs, CO 80910

Website: www.aspenpointe.org

Services: Provides GED prep classes and testing, after-school tutoring, career development and employment training, and rehabilitation for disabled, disadvantaged, and other underserved individuals.

FOUNTAIN-FORT CARSON SCHOOL DISTRICT #8 719-382-1300

10665 Jimmy Camp Rd.
Fountain, CO 80817

Website: www.ffc8.org

Services: Developing generations of world class learners capable of being successful members of society by providing a positive, empowering, and safe environment where academic excellence is the desired result for all students. Elementary schools around the area are: Abrams, Aragon, Eagleside, Mountainside, Mesa, Jordahl, and Patriot. Middle Schools are Carson Middle School and Fountain Middle School. High school in the area is Fountain-Fort Carson High School.

WELTE EDUCATION CENTER719-382-1550

330 Lyckman Drive
Fountain, CO 80817

Website: www.ffc8.org

Services: To keep diverse students in a safe learning culture that incorporates social and emotional skills with challenging academics in order to create individuals who are proactive in their family, community, and work setting.

PIKES PEAK COMMUNITY ACTION AGENCY (TIP Program).....719-385-7920

925 S. Institute
Colorado Springs, CO 80903

Website: <http://www.ppcaa.org/programs1.html>

Services: TIP is an intensive self-sufficiency program offering services to participants motivated to becoming self-sufficient. These services primarily focus on short-term certifications, training, and improving life skills. We offer participants assistance with certification and short-term training fees, licensing fees, books fees (if not covered by financial aid) and supportive counseling. The TIP Program manager works with participants and various community-based organizations to build collaborative networks of support.

PIKES PEAK LIBRARY DISTRICT (PPLD)719-382-5347

230 S. Main St.
Fountain, CO 80817

Website: <http://www.ppld.org/>

Services: The Fountain Community Library of the Pikes Peak Library District has a variety of free activities and materials for all ages. Internet and wi-fi access are available. Use your library card at any of the PPLD locations to check out books, movies, videogames, and more: or, go online to download ebooks and perform research in our online databases. We have online homework help and job searching/resume writing resources. We also have a wide range of programs for all ages, including weekly story time for children, weekly teen activities, and book clubs for adults. Please call for more information!

PIKES PEAK WORKFORCE CENTER.....719-444-8311

301 E. Iowa Avenue
Fountain, CO 80817

Hours of Operation: Monday and Wednesday, 8 a.m. to 5 p.m.; closed noon to 1:00 p.m.

Website: www.PPWFC.ORG

Services: Job search assistance, career guidance, skills upgrades, and help with basic unemployment insurance questions. Computers with internet access available for job search activities. The main office at the Citizens Service Center in Colorado Springs offers employment workshops, skills assessments, computer skill classes, including computer basics and onsite hiring events. Programs for youth (16 through 21) are also available at the main office. More information can be found on the PPWFC website: www.ppwfc.org. The main office number is 719-667-3700.

SECOND CHANCE SCHOOL PROGRAM.....719-492-8603

330 Lyckman Drive
Fountain, CO 80817

Website: www.ffc8.org

Services: The Second Chance Program is here to serve the Welte Education Center and the Fountain-Fort Carson students and community with credit recovery towards obtaining a high school diploma/graduation as well as providing behavior interventions.

WIDEFIELD SCHOOL DISTRICT #3.....719-391-3000

1820 Main St.
Colorado Springs, CO 80911

Website: www.wsd3.org

Services: Widefield School District is proud to serve military families. We have several programs that are attractive to military parents and students, including free full-day kindergarten, an outstanding preschool program, before- and after-school child care, deployment support groups, and award-winning junior ROTC programs at both high schools.

FINANCIAL ASSISTANCE

CITY OF FOUNTAIN.....719-322-2000

116 S. Main St.
Fountain, CO 80817

Website: www.fountaincolorado.org

Services: City Hall houses the City Council Chambers, the Municipal Court, the Utility Billing and Payment office, and the City Administration offices, which includes the City Manager, City Clerk, Code Enforcement, Economic Development, Human Resources, Utilities Director, Planning, Zoning and Public Works. It is open Monday through Friday from 8:00 a.m. to 5:00 p.m.

FOUNTAIN VALLEY FOUNDATION719-382-7837

501 E. Iowa Avenue
Fountain, CO 80817

Mission Statement - To improve, enhance and promote the quality of life in the communities and neighborhoods of the Fountain Valley.

Vision Statement - Lead responsible investment in and encourage community participation in philanthropic endeavors and act as the centralized nonprofit resource for charitable giving to improve the quality of life in the Fountain Valley. Encourage individual and corporate charitable donations through education, training, networking, and development of strong community partnerships.

Donations to the Fountain Valley Foundation remain in our community and are directly used to help families, seniors, people with disabilities, and our veterans. The Fountain Valley Foundation also partners with the City of Fountain by helping people who need financial assistance to qualify for CDBG grant for exterior home/property improvement. We are working on expanding this program to include all of Fountain Valley. For more information, please visit our website @ www.fountainvalleyfoundation.webs.com or contact us via phone 719-382-7837 or email at fvfoundation@yahoo.com

LOW-INCOME ENERGY ASSISTANCE PROGRAM (LEAP).....866-432-8435
PO Box 61779
Colorado Springs, CO 80960

Website: dhs.elpaso.com/LEAP.htm

Services: LEAP is designed to help eligible low-income households with winter home heating costs. **LEAP is not intended to pay the entire cost of home heating.** You may also qualify for free weatherization services that will improve your home through the Governor’s Energy Office Weatherization Program. Weatherization will reduce your home energy usage, help you save money, and keep your home safer and more comfortable year-around. For more information on the Weatherization Program please call toll-free 888-206-2122.

SALVATION ARMY719-382-1182
901 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.salvationarmyusa.org

Services: Offers assistance with utilities, food, and some commodities. Knitting groups, AA Meetings, Homework Club, and Bible studies are also available.

WALT FORTMAN CENTER.....719-382-8515
501 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppcaa.org

Services: The mission of Pikes Peak Community Action Agency is to increase the capacity of low-income individuals and families to be self-sufficient. The Walt Fortman Center offers Family Stabilization Services (FSS). This program is designed to address emergency needs such as rent or mortgage, utilities, food, commodities, medical prescriptions, housing rehabilitation for rural El Paso County Homeowners, transportation (have both Mountain Metro and Fountain bus tokens) and budget counseling to solve problems that may threaten a household’s progress toward permanent self-sufficiency. Also important to stabilization are our TIP & IDA Programs for El Paso County residents.

FOOD

CARE & SHARE BACKPACK PROGRAM.....719-382-1562
301 E. Iowa Ave.
Fountain, CO 80817

Website: www.careandshare.org

Services: The Send Hunger Packing backpack program is for youth ages 1-17 whose families are going through a hard time. Each Friday, kids and teens stop by the Fountain YMCA teen center for a rolling backpack filled with food that will help their families through the weekend. The

backpacks are returned early the next week and the Care and Share Food Bank refills them for the next Friday! This program runs year round, even in the summer and is easy to sign up for.

FOOD ASSISTANCE PROGRAM (DEPT. OF HUMAN SERVICES).....719-444-8303

301 E. Iowa Ave
Fountain, CO 80817

Website: dhs.elpasoco.com/CPFS

Services: The Food Assistance Program enables low-income families to buy nutritious food with an Electronic Benefits Transfer (EBT) card (formerly called the QWEST card). Food Assistance recipients spend their benefits to buy eligible food in authorized retail food stores. The Food Assistance Programs provide food benefits to households that meet the citizenship, income and resource guidelines for the Food Assistance Program. Employment first is the Food Assistance Employment and Training Program, which is a mandatory component of the Food Assistance Program.

FOUNTAIN COMMUNITY SOUP KITCHEN719-382-5113

1003 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.funmfountain.org

Services: A soup kitchen is available every Friday night from 4:00pm-6:00pm. Counseling and prayer is also available.

GOD’S PANTRY719-382-0643

102 N. Main
Fountain, CO 80817

Website: www.godspantryministry.org

Services: Mission is to clothe the needy and feed the hungry.

CONNECTIONS 4 LIFE719-387-9919

6436 D S. Hwy 85/87
Fountain, CO 80817

Website: www.Connections4LifeCenter.org

Services: Food pantry, commodities, haircuts, pregnancy center, notary public (see pg. 8)

SALVATION ARMY719-382-1182

901 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.salvatinarmyusa.org

Services: Offers assistance with utilities, food, and some commodities. Knitting groups, AA Meetings, Homework Club, and Bible studies are also available.

ST. DOMINIC’S CATHOLIC CHURCH719-392-7653

331 Main St.
Security, CO 80911

Website: www.holyfamily-security.org

Services: Provides assistance with emergency food. Food Pantry is open from Monday- Friday from 10:00am-12:00pm. They also provide assistance with gas vouchers.

WALT FORTMAN CENTER.....719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppcaa.org

Services: Emergency food pantry, referrals to Fountain Valley Cares pantries, holiday food baskets.

HOSPITALS/CLINICS

EVANS ARMY COMMUNITY HOSPITAL.....719-526-7000

1650 Cochrane Circle
Fort Carson, CO 80913

Website: www.evans.amedd.army.mil

Services: Provides information and resources to all military personnel, patients, families and community about their health and well-being, empowering them to become better partners with their health care team.

PEAK VISTA COMMUNITY HEALTH CENTERS.....719-632-5700

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.peakvista.org

Services: Peak Vista Community Health Centers is a nonprofit, Federally Qualified Health Center serving more than 58,000 registered members with outpatient medical, dental and integrated behavioral health services. Peak Vista’s Family Health Center at Fountain offers a range of services from preventative routine exams to same-day treatment of acute illness and injury, on-going primary care and follow-up for chronic health conditions. Specialty care is referred to qualified community providers.

HOUSING/SHELTER INFORMATION

HOMELESS PREVENTION & RAPID REHOUSING PROGRAM.....719-210-4093

501 E. Iowa Ave.
Fountain, CO 80817

Services: Peak Vista Community Health Centers provides assistance to individuals and families that are at imminent risk of becoming homeless or are already homeless. The program, Homeless Prevention and Rapid Rehousing (HPRP), is available primarily to individuals and households outside the Colorado Springs City limits. Peak Vista can provide rent assistance, security deposits, utility payment, utility arrears and rent payment assistance arrears. To qualify the household must meet income guidelines and ALL family members must be legal residents of the United States. The household must be either homeless or at risk of losing its housing and meet both of the following circumstances:

- 1) No appropriate subsequent housing options have been identified.
- 2) The household lacks the financial resources and support networks to obtain immediate housing or remain in its existing housing.

To enroll in the program please call to schedule an appointment.

HOMELESS PREVENTION PROGRAM SCHOOL DISTRICT EIGHT.....719-492-8810

6200 Prussman Blvd.
Colorado Springs, CO 80902

Services: In accordance with the provision of the McKinney-Vento Act of 2002, School District Eight is committed to providing educational support to families with children who are experiencing housing instability. Your child may be eligible to receive the following support: immediate enrollment in school, transportation assistance to and from school, free school meals, assistance with obtaining school supplies, assistance with necessary educational expenses and information about community-based assistance.

HOUSING AUTHORITY OF FOUNTAIN719-382-5639

501 E. Iowa Ave.
Fountain, CO 80817

Services: Provides rent assistance for low-income families.

PIKES PEAK COMMUNITY ACTION AGENCY/WALT FORTMAN CENTER ..719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Services: Assistance with one-time partial rent assistance for stabilizing households.

MEDICAL/WELLNESS

AMERICA CANCER SOCIETY800-227-2345
1445 N. Union Blvd. **Local 719-630-4960**
Colorado Springs, CO 80909

Website: www.cancer.org

Services: Cancer Resource Center volunteers located in medical facilities provide resources and referrals; Road to Recovery provides rides to and from cancer treatment; Look Good Feel Better teaches women skin care and makeup techniques to address appearance related side effects of cancer treatment; Reach to Recovery offers one-on-one support provided by a breast cancer survivor to others facing breast cancer, Man to Man educational meeting for prostate cancer patients and their loved ones; I Can Cope online, anytime classes for adults with cancer and their loved ones; Cancer Survivors Network online community created by and for people with cancer and their loved ones; Gift items such as wigs, turbans and scarves, and mastectomy items. All programs and services are free of charge.

CHILD HEALTH PLAN PLUS800-359-1991
PO Box 929
Denver, CO 80201

Website: www.cchp.org

Services: Low-cost health insurance programs for uninsured Colorado children ages 18 and under whose families are not eligible for Medical but cannot afford private insurance. Parents must meet income guidelines.

FOUNTAIN CHIROPRACTIC, LLC719-799-6555
470 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.fountaincitychiro.com

Services: Fountain Chiropractic offers free nutritional workshops, exercise workshops, and peak energy workshops. They also instruct people on how to manage back pain with normal household items.

MEDICAID (DEPARTMENT OF HUMAN SERVICES)719-444-8303
301 E. Iowa Ave.
Fountain, CO 80817

Website: dhs.elpasoco.com/CPFS

Services: Medicaid is for low-income families to include eligible adults and children age 0 through 18. Children must be residing in the home more than fifty percent of the time. Eligibility is then based on citizenship, legal residence, and household income. Medicaid provides medical benefits including inpatient and outpatient hospital, physician services, well child checks, immunizations,

vision care including prescription glasses, prescription drugs, dental and mental health care. For adults over age 21 dental and vision benefits may be limited. Adults may incur co-pay for services. The Medicaid Program for low-income pregnant women is based on citizenship, legal residence and household income. Eligible women will be provided with prenatal coverage, labor and delivery. A post-partum period of 60 days is also covered. Medicaid will only provide labor and delivery coverage for undocumented pregnant women who meet all other requirements of the program.

PIKES PEAK COMMUNITY ACTION AGENCY/WALT FORTMAN CENTER..719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppcaa.org

Services: We provide information and community resources to address a multitude of medical issues. We also provide program information for breast and cervical exams for low-income households, one time assistance with prescriptions for non-ongoing medications, assist with Prescription Assistance Programs to secure medications for uninsured individuals, and we provide the Trimble Fund Applications pertaining to specific dental and necessary medical equipment.

PEAK VISTA COMMUNITY HEALTH CENTERS.....719-632-5700

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.peakvista.org

Services: Peak Vista Community Health Centers is a nonprofit, Federally Qualified Health Center serving more than 58,000 registered members with outpatient medical, dental and integrated behavioral health services. Peak Vista's Family Health Center at Fountain offers a range of services from preventative routine exams to same-day treatment of acute illness and injury, on-going primary care and follow-up for chronic health conditions. Specialty care is referred to qualified community providers.

WIC NUTRITIONAL SERVICES719-575-8580

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.elpasocountyhealth.org

Services: WIC is a nutrition program that provides nutrition and health education, healthy food and other services free of charge to Colorado families who qualify. WIC stands for Women, Infants and Children. WIC's goal is to help keep pregnant and breastfeeding women and kids under age 5 healthy.

MILITARY

DIRECTORATE OF FAMILY, MORALE, WELFARE & REC. (DFMWR)719-526-6452

1675 Ellis St. Bldg 1217
Fort Carson, CO 80913

Website: <http://www.mwrfortcarson.com/>

Services: The Directorate of Family, Morale, Welfare & Recreation (DFMWR) is a comprehensive network of support and leisure services designed to enhance the lives of soldiers (Active, Reserve, and Guard), their families, civilian employees, military retirees and other eligible participants. DFMWR employees strive to deliver the highest quality programs and services at Fort Carson -- from family, child and youth programs to recreation, sports, entertainment, and leisure activities. DFMWR contributes to the Army's strength and readiness by offering services that reduce stress, build skills, and self-confidence and foster strong esprit-de-corps.

***ARMY COMMUNITY SERVICES (ACS)719-526-4590**

6303 Wetzell Ave., Bldg. 1526
Fort Carson, CO 80913

Website: <http://community.carson.army.mil/ACS>

Services: Financial/abuse counseling, consumer education, financial assistance, emergency food locker, spouse employment information, relocation assistance, and new parent support for active/retired military, DOD employees, and their eligible families.

***CHILD, YOUTH & SCHOOL SERVICES (CYS)719-526-1101**

1675 Ellis St. Bldg 1217
Fort Carson, CO 80913

Website: www.mwrfortcarson.com/child-and-youth-services.php

Services: CYS Services is committed to serving the unique needs of Mountain Post families through a variety of programs designed for children ages six-weeks through 18 years. All services are based on the growth and development of your child, and meet both US Army and national standards. Our seamless delivery system ensures that the same caring philosophy is followed by our dedicated staff in every program and service we offer.

***RECREATION & LEISURE719-526-4417**

1675 Ellis St. Bldg 1217
Fort Carson, CO 80913

Website: <http://www.mwrfortcarson.com/recreation-and-sports.php>

Services: Fort Carson MWR operates four fitness centers, two swimming pools, a golf course and a bowling center. Intramural sports programs and outdoor adventure programs and trips are offered all year around. Turkey Creek Ranch is located just south of Fort Carson offering trail rides, pony rides, wagon rides and more. A variety of services and programs are available free of charge, others activities are offered at competitive low prices to the Fort Carson community.

EVANS ARMY COMMUNITY HOSPITAL.....719-526-7000
1650 Cochrane Circle
Fort Carson, CO 80913

Website: www.evans.amedd.army.mil

Services: Provides information and resources to all military patients, families and community about their health and well-being; empowering them to become better partners with their health care team.

MILITARY FAMILY LIFE CONSULTANTS (MFLC)719-440-5341
6303 Wetzel Ave., Bldg. 1526
Fort Carson, CO 80913
719-338-7216

Services: MFLC offers intervention and support to military members and their families. They provide non-medical, short-term counseling per person, per issue for every day issues, such as anger management, stress, parenting, communication, family relationships, deployment, and other military-related topics. The goal of the program is to support operational readiness and family readiness. Anonymous (no names or records kept, except for Duty to Warn issues).

SENIOR SERVICES

FOUNTAIN VALLEY SENIOR CENTER719-520-6470
5745 Southmoor Dr.
Fountain, CO 80817

Website: dhs.elpaso.com/FVSC

Services: Senior Services, under the Department of Human Services, is dedicated to enhancing the quality of life for older adults by providing County-wide leadership, direct services as needed, information and referral, networking, advocacy and collaboration for adult protection. The department serves as a focal point where older adults receive valuable services and participate in activities which enhance dignity, support independence and self-sufficiency, and encourage involvement in the community keeping the quality of life at optimum levels and avoiding premature institutionalization.

YOUTH SERVICES

BIG BROTHERS BIG SISTERS 719-633-2443
111 S. Tejon St. Suite 302
Colorado Springs, CO 80903

Website: www.biglittlecolorado.org



Services: Big Brothers Big Sisters mentoring programs are preventative programs aimed at helping kids between the ages of 7-12 make positive choices through one-on-one mentoring. Children get together with their mentor at least twice a month to do things both enjoy. We have 4 programs: Operation Mentor is for kids of deployed parents, deployable or KIA parents; Falcon Club partners kids with 2 Air Force Academy cadets; REACH is for kids with an incarcerated parent; Community is a program for kids coming from single parents/unique family situations.

FOUNTAIN VALLEY YMCA (TEEN CENTER).....719-382-1561

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppymca.org

Services: Teen After School Project (12-17 years old) is free to Welte and Second Chance students. It offers After School Clubs (art, guitar, etc.), Computer/ Internet Access, Homework Help, After School Tutoring, Free After-School Snacks, Recreation Room (pool table, foosball, Wii and more), Literacy Program, Opportunity Center, Youth and Family Development Program, Field Trips, and a Summer Teen Program.

PIKES PEAK LIBRARY DISTRICT719-382-5347

230 S. Main St.
Fountain Co 80817

Website: <http://www.ppld.org/>

Services: The Fountain Community Library of the Pikes Peak Library District has a variety of free activities and materials for all ages. Internet and wi-fi access are available. Use your library card at any of the PPLD locations to check out books, movies, videogames, and more: or, go online to download ebooks and perform research in our online databases. We have online homework help and job searching/resume writing resources. We also have a wide range of programs for all ages, including weekly story time for children, weekly teen activities, and book clubs for adults. Please call for more information!

WIDEFIELD COMMUNITY CENTER.....719-391-3515

705 Aspen Dr.
Colorado Springs, CO 80911

Website: <http://cc.wsd3.org/>

Services: The mission of the Widefield Community Center Office is to provide our patrons as well as fellow employees with friendly and competent service, so operations run smoothly and efficiently. Community Center amenities include: A 25 yard, 6 lane indoor swimming pool with diving board, an outdoor junior pool & outdoor wading pool, an outdoor splash park, four tennis courts, two sand volleyball courts, a soccer/all purpose field, pavilions with tables and grills, four playgrounds, four softball fields & one baseball field, horseshoe pits and picnic areas, Security Public Library, 1.1 mile fitness/walking trail, fitness room (for scheduled classes only), one all purpose room, and three early childhood classrooms.