

YOU'RE INVITED TO THE 4TH ANNUAL



ELEVATING WELLNESS EVENT

Join us for an evening of fun through fitness, music, art, activities, and MORE to raise awareness about mental health and celebrate whole body wellness.



THURSDAY, APRIL 11, 2019
4 - 6 PM
WELTE EDUCATION CENTER
330 LYCKMAN DR.

Community organizations will be available with resources!

Event is open to the public!

Please contact Wendy at wstevenson@ffc8.org for more information.